



# Proactively managing your career

Finding true job satisfaction and developing a career plan takes proactive reflection, focus and action. In this highly interactive course, delegates will have the opportunity to explore what they want from their career, learn how to hold constructive career conversations with key stakeholders and make full use of internal resources to drive their career paths in line with personal and company aspirations.

Around 2 hours • Face-to-face or virtual • Typically 4-15 participants • Supported by course notes • Interactive

## Key course elements

### Building a plan

- What is your start point?
- Where do you want to get to?

### Enabling meaningful career conversations

- Assessing your internal profile
- Gaining support
- Seeking candid feedback

### Taking action

- Raising your game
- Reflection and reset
- Creating and sharing career goals and milestones

## Participants will learn to...

- Reflect on their career goals and the elements of their roles which enable them to thrive
- Ask themselves probing career questions to fine tune their career plan
- Request feedback that enables candid discussion
- Develop their profile with key internal decision makers
- Act on constructive feedback to demonstrate proactivity and adaptability
- Make full use of internal resources to develop skills for their next role
- Create a career action plan with initial milestones



*“Very interactive and thought provoking throughout.”*

*“Really engaging and liked the breakout sessions in small groups to discuss various topics.”*