



Success through change

The need for employees to embrace change, contribute to new ideas, and be personally accountable in a changing business environment is a critical factor in successful organisations. This module, for all employees, provides an understanding of the need for change and provides tools and techniques for thriving in a changing, developing and innovative culture.

Around 2 hours • Face-to-face or virtual • Typically 4-15 participants • Supported by course notes • Interactive

Key course elements

The nature of change

- Future shock – input and discussion on the sources, types and nature of change, drawing on participant experiences

Managing yourself

- Personal and organisational barriers to change
- Filters and maps – our perception of change
- The energy grid

Personal success in a changing environment

- Questioning and challenging
- Personal impact
- Positioning and integrity

Participants will learn to...

- Understand the nature of change
- Identify and overcome the personal barriers to change
- Rethink assumptions and formulate constructive action
- Position themselves honestly against the change and adopt strategies to move to a mutually beneficial position
- Drive and manage personal transition



“Trainer engaged with the attendees really well, she listened intently on what was being said. This was good and meant the course was not simply slides and a one way conversation.”

BiteSize Learning

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